- **EMERGENCY ASSEMBLY POINT**





Focuses on traditional South Indian dishes, such as tandoori-cooked meats and bread, enhanced with the fresh, vibrant ingredients sourced from local Mauritian farms. Chef-led interactive dining experiences, such as custom spice blending sessions and cooking demonstrations, adding an educational and engaging layer to the exciting dining experience. Regularly scheduled live shows and music performances enhance the dining experience, making each visit to Safran an event in itself.

Dinner 19:00 - 22:30



TSK features live, interactive cooking stations where guests can watch as the chefs prepare grills, rotisserie, and pizzas, enhancing the dining experience with a theatrical flair. Features themed dining nights that explore different culinary traditions, adding a dynamic aspect to the gastronomic journey at TSK. Offers a Barista Bar and a Vinoteca, providing guests with expertly crafted coffees and selected beverages, as well as an ice cream bar for custom-made desserts.

Breakfast Dinner 07:00 -10:30 18:30 - 22:30



Coco's celebrates an exquisite blend of local flavours with dishes that highlight the best of Mauritian ingredients, including seafood freshly sourced from nearby waters. The curated selection of classic Mauritian dishes with a twist showcases the island's culinary diversity. An elegant bar offering a selection of local rums and a curated wine list. featuring everything from chilled Côte de Provence rosé's, to organic Pinotage's from South Africa and iconic Sauvignon Blanc's from New Zealand. The exquisite selection is presented via a 'Grand Cru by the Glass' trolley, enhancing the gastronomic journey with perfectly paired beverages.

Breakfast À la carte	07:00 - 10:30
Lunch	12:30 - 15:00
Dinner	19:00 - 22:30
Coco's Bar	10:00 - 23:30
Golden Hour	17:00 - 18:00

# SEGA

Sega celebrates local flavours with a selection of home-crafted cocktails inspired by tropical elixirs and top-end spirits, focusing on local rums. Live music every night and special monthly events that showcase local artists and cultures. Signature Cocktails created by Colin Peter Field, enhancing the experience with exclusive drink selections. The bar features traditional Mauritian games and custom-designed game tables, offering guests a unique and interactive way to engage with the local culture.

## ILOT MANGÉNIE

Ilot Mangénie, our private island is exclusive to Shangri-La's guests and features a trendy beach club and bar. The restaurant serves a selection of grilled seafood and local dishes as well as our famous tryffle pizza. The island is also home to five beach cabanas with on-island butler service. A courtesy boat shuttle service, between the resort and llot Mangénie, operates on a 30 minute basis from 09:00 to 17:00.

Lunch 12:30 - 15:00 Bar 10:00 - 16:00



Exceptional sushi selection and an Omakase dining experience created by our Specialty Chef. A prominent sushi counter and a sophisticated dining area that allows for a more interactive guest experience. The Sake Alcove and Teppan Room provide unique dining experiences, featuring rare sakes and teppanyaki menus crafted from authentic Japanese ingredients.

Dinner 19:00 - 22:30



Vinoteca is designed to offer guests a unique and enhanced tasting journey with an extensive collection of fine wines sourced from various terroirs across the globe. The sea-view lounge area, overlooking the magnificent ocean through large arched window panels, adds natural light to create a relaxed and casual atmosphere. A wine tasting is available on request

### KIDS CLUB

The perfect location for kids staying at the resort. With fun and imaginative programmes, children can enjoy a wide range of land activities and water sports on complimentary basis. Access 4 and 12 years old. Children below 4 years old are encouraged to use the facilities when they are accompanied by a parent or a babysitter. Babysitting service is available at an extra charge. Meals are complimentary for children up to 6 years old and children from 6 to 12 years old are entitled to 50% off on the kid's menu.

Kids Club 09:00 - 22:00

#### **RECREATION CENTRE**

Teens, from 13 to 17 years, and adults can equally enjoy the complimentary activities available at the Recreation Centre as well as other fun-filled games. Discover activities such as bocce ball, core training, mini football, basketball, beach soccer, electric bike, tennis initiation, kayak tour in the mangroves and many more!

Recreation Centre 09:00 - 20:00

#### **FITNESS CENTRE**

Located next to Chi, The Spa, the Fitness Centre is open daily and comprises of state-of-the-art gym equipment as well as separate steam rooms and saunas for men and women. Changing rooms with individual lockers are offered and personal training can be availed upon request at an extra charge.

Fitness Centre 06:00 - 22:00



Set within a luscious green tropical vegetation, Chi, The Spa offers 8 treatment rooms, and outdoor treatments around the resort and on Ilot Mangénie.

The spa draws inspiration from the origin of the Shangri-La legend, a land of enchantment, peace and well-being. Chi, The Spa features a selection of Sense of Place treatments showcasing the island's natural botanical and herbal products and their therapeutic properties.

In partnership with the French luxury-skin-care company, Biologique Recherche, guests can enjoy personalised aesthetic care that combines a clinical approach to hyper-customised treatments with a 3-stage methodology for guaranteed immediate and long-lasting results.

Chi, The Spa 09:00 - 20:00 Beauty & Hair Salon 09:00 - 20:00

#### **GOLF COURSES**

Guests can tee off at Ile aux Cerfs Golf Club and Anahita Golf Club, two of the world's best international courses. The 18-hole par 72 championship golf courses are designed for players of all levels and boast incredible views across the ocean.

When staying a minimum of 5 nights, you can enjoy one complimentary round of golf per person per day, at one of the golf clubs, with a seamless shuttle boat service to lle aux Cerfs Golf Club or car transfer to Anahita Golf Club.

Not a golfer? Let us inspire you with a one hour discovery session for beginners and non-golfers from 11:00 daily.

Please book your tee-off with the Concierge. Any cancellation must be made before 12:00 (noon) a day prior the tee-off time booked. Apenalty fee of EUR 120 per guest will be charged for late cancellations or no shows.

#### **DID YOU KNOW?**

- You can enjoy over
   4 kilometers of pristine white sand beaches around the resort. We are also the only resort in Mauritius with our own exclusive island- llot Mangénie, a peaceful sanctuary to relax in paradise with a beach that stretches over
   1,620 metres. Not to mention the additional beaches at lle aux Cerfs...
- Our Tortoise Cove in the Hibiscus garden is home to three giant Aldabra tortoises (68, 75 and 123 years old) who live in a preserved sanctuary in the gardens of our resort.
- The resort maintains
   10 bee-hives and harvesting occurs twice a year. This sustainable activity is looked after by Tony Myrtile, our Beach Villa butler and passionate beekeeper in his free time.
- The **Banyan Tree**, standing majestically at the entrance of the resort is the guardian of the place, a witness of the history of the resort which preserves the element of surprise and the magic of discovery.
- The Kids Club at Shangri-La Le Touessrok, Mauritius is one of the biggest on the island, which spreads on 750m2, includes a kids pool, a kids kitchen and a tree house.