



Shangri-La's

Villingili Resort & Spa

MALDIVES

OUR PARADISE
IN A WORLD OF ITS OWN



Shangri-La's Villingili Resort & Spa is luxury found, where all experiences are bespoke and tailored to suit your passions. Memorable experiences await in the heart of extraordinary physical beauty. Indulge in tranquillity at CHI, The Spa; explore the luscious tropical forest; treat yourself to sumptuous gastronomic experiences; play at the only golf course in the Maldives; or embark on an ocean adventure with multiple water sport activities.

Treat yourself to paradise, in a world of its own.

OCEAN ADVENTURES

Handpicked experiences to take full advantage of the tropical surroundings.

DATE	TIME	EXCURSION
Sunday	9.45 a.m. to 10.45 a.m.	Glass Bottom Boat Cruise
	11 a.m.	Snorkelling Excursion
	11 a.m. to 12 p.m.	Glass Bottom Boat Cruise
	5 p.m.	Dolphin Cruise
Monday	9.45 a.m. to 10.45 a.m.	Glass Bottom Boat Cruise
	11 a.m.	Snorkelling Excursion
	11 a.m. to 12 p.m.	Glass Bottom Boat Cruise
	6.30 p.m.	Traditional Maldivian Night Fishing
Tuesday	9.45 a.m. to 10.45 a.m.	Glass Bottom Boat Cruise
	11 a.m.	Turtle Quest Snorkelling
	11 a.m. to 12 p.m.	Glass Bottom Boat Cruise
	5 p.m.	Dolphin Cruise
Wednesday	9.45 a.m. to 10.45 a.m.	Glass Bottom Boat Cruise
	11 a.m.	Snorkelling Excursion
	11 a.m. to 12 p.m.	Glass Bottom Boat Cruise
	6.30 p.m.	Traditional Maldivian Night Fishing
Thursday	9.45 a.m. to 10.45 a.m.	Glass Bottom Boat Cruise
	11 a.m.	Snorkelling Excursion
	11 a.m. to 12 p.m.	Glass Bottom Boat Cruise
	5 p.m.	Dolphin Cruise
Friday	9.45 a.m. to 10.45 a.m.	Glass Bottom Boat Cruise
	11 a.m.	Turtle Quest Snorkelling
	11 a.m. to 12 p.m.	Glass Bottom Boat Cruise
	6.30 p.m.	Traditional Maldivian Night Fishing
Saturday	9.45 a.m. to 10.45 a.m.	Glass Bottom Boat Cruise
	11 a.m.	Snorkelling Excursion
	11 a.m. to 12 p.m.	Glass Bottom Boat Cruise
	5 p.m.	Dolphin Cruise

Private activities available on request. All above mentioned activities are group activities and are subject to change and availability. A minimum and maximum number of participants may be applicable. Prices are available upon request.

TAKE IN THE STUNNING INDIAN OCEAN SCENERY IN EXCLUSIVE STYLE

Glass Bottom Boat

Fun for families and for everyone who would like to discover the beautiful underwater world without getting wet. The glass bottom boat sets out twice a day and enables you to enjoy the reefs and the vivid marine life.

Horizon Yacht

Our 21 metre long luxury "Horizon" yacht will set sail towards the sunset and host a truly unforgettable experience. Embark for a private dinner in the middle of the Indian Ocean, prepared by our skilled chefs in the most tranquil and exclusive setting imaginable. You can also treat yourself to a once in a lifetime experience with a lunch on the equator aboard the luxury yacht.

Silver Cruiser

The luxurious power yacht "Silver Cruiser" takes up to six passengers for private cruises, dolphin trips, snorkelling adventures or romantic sunset cruises. Our Dive & Water Sports team can also create custom-designed ocean adventures, giving you the opportunity to experience the beauty of the Maldives in a unique way.

Activities are subject to availability and subject to change.





Diving and Water Sports

Exploring the underwater world with a plethora of experiences to suit your passions.

Daily Activities

Scuba Diving and Snorkelling

Scuba Diving, Discover Scuba Diving, Night Diving, Open Water Diving, Snorkelling Equipment*, Introduction to Snorkelling, Morning and Afternoon Snorkelling Excursions

Water Sports

Paddle Boarding*, Kayaking*, Windsurfing*, Seabob, Kite Surfing, Water Skiing, Wake and Knee Boarding, Surfing, Fun Tube Rides, Parasailing, Catamaran, Top Cat, Guided Jet Ski Excursion

Private Excursions

Private Sunset Cruise, Private Big Game Fishing, Private Speedboat Rental, Private Trip to the Equator, Private Yacht Rental

*Complimentary. Activities are subject to availability and subject to change. Prices available upon request.



Golf at the only 9-hole golf course in the Maldives

Villingili's Golf Course is nestled in seven-and-a-half hectares at the southern end of Villingili Island. The nine-hole golf course includes par three and par four holes, averaging 112 metres in length. The Club House offers refreshments and is attached to the pro shop, where equipment, apparel, gear and merchandise are available.

Rates (Exclusive to Resort Guests)

Green Fee USD 40

Golf Introduction USD 65

Activities are subject to availability and subject to change.

SOCIAL OCCASIONS AND EVENING ENTERTAINMENT

Enjoy tropical refinement at its best in an elegant social atmosphere.

EVENT	WHERE	WHEN
Sunset Happy Hour – The best spot for your sunset drink. Buy 1 get 1 free from Happy Hour Menu	M Lounge	5.30 p.m. to 7.30 p.m. daily
Raalhu Baani – Enjoy after dinner drinks accompanied by the sound of the lapping waves	M Lounge	9 p.m. to 11 p.m. daily
Margarita Night – Maldivian nights with lounge music and delicious Margaritas of 5 different flavours	M Lounge	6 p.m. Friday
Mojito Night with DJ Mahee – 5 varieties of Fizzy Mojitos with the ocean breeze and live DJ	M Lounge	6 p.m. Sunday
Classic Cocktail Class – Learn the art of mixology at the beautiful setting of M Lounge	M Lounge	3.30 p.m. to 4.30 p.m. Monday

Activities are subject to availability and subject to change.





ISLAND DINING EXPERIENCES

An uncompromising selection of dining destinations where each gourmet experience becomes a celebration.

- Dinner at the Beach from USD 160 per person
- In-Villa Romantic Dinner from USD 160 per person
- In-Villa Barbecue from USD 175 per person
- Dinner in the Jungle from USD 175 per person
- Jungle Lagoon Dinner from USD 175 per person
- Barbecue at the Golf Course from USD 175 per person
- Dinner on Mount Villingili from USD 165 per person
- Lunch / Dinner at Chef's Garden from USD 140 per person
- CHI, The Spa Dinner in the Spa Meditation Pavilion from USD 160 per person
- Dinner on Horizon Yacht from USD 340 per person (excl. rental USD 800 for 2 hrs)
- Lunch on the Equator from USD 360 per person (excl. rental USD 3,000 for full day)
- Once in a Lifetime Dinner in Presidential Villa Muthee or Villa Laalu from USD 560 per person

Please contact your Island Host or Dial 0 for further information. Reservation upon request and availability. Prices are subject to 10% Service Charge and 12% GST and subject to change.



RESTAURANT AND DINING EXPERIENCES

Vietnamese Flavours Menu

Celebrate the taste of contemporary Vietnamese favourites with this distinctive set menu inspired by the Hanoian traditions.

Hidden Treasure Menu

Dr. Ali's talented chefs lead a culinary journey across the restaurant's many offerings to indulge you with a specially prepared menu, sampling cuisines from China, Vietnam, India and the Middle East.

Flavours of India

Discover the palette of flavours from neighbouring India. An authentic experience with Indian spices and traditional food in our ocean side Dr. Ali's Restaurant.

Cooking classes

Take part in our Indian and Thai cooking classes, with our skilled chefs giving you a unique insight into their culinary world.



Flavours of the Maldives

Savour the local cuisine of the Maldives! With fresh coconut and tuna, taste the wide variety of curries and grilled fish with this set menu.

Mediterranean Barbecue

Fresh meat, a fine selection of fish and seafood from the grill, and a live Caesar's Salad station, as well as a variety of other Mediterranean delicacies.

Ocean Treasure Buffet

Feast on tiger prawns, yellow fin tuna, scampi and lobster, together with temptations of the freshest sushi and a range of tempura.



Sommelier Special Menu

Experience a masterpiece five-course menu, inspired by a fusion of local and internationally sourced ingredients. Each course is perfectly paired with our Sommelier's selection of wines.

Taste of Fashala Set Menu

Indulge in the thoughtful compilation of Fashala's taste and enjoy the seven course tasting menu, where each course is paired with our Sommelier's wine selection.



Note: Each restaurant is usually closed once a week. However, the day and frequency may vary. Please refer to your Island Host to confirm the opening times. The themed dinners take place once a week in the respective restaurant. Please refer to your Island Host to confirm time and date.



FITNESS ACTIVITIES

An active outdoor lifestyle amidst untouched natural beauty.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Cardio and Abs* 9 a.m. to 9.45 a.m.	Sunrise Jogging* 7 a.m. to 7.30 a.m.	Junior Tennis Clinic* 9 a.m. to 10 a.m.	Basic Pilates Training* 9 a.m. to 9.45 a.m.	Sunrise Jogging* 7 a.m. to 7.30 a.m.	Tennis Intro 9 a.m. to 10 a.m.	Junior Tennis Clinic* 9 a.m. to 10 a.m.
Water Polo* 2 p.m. to 2.45 p.m.	Boot Camp* 9 a.m. to 9.45 a.m.	Aqua Aerobic* 12.30 p.m. to 1.15 p.m.	Water Polo* 2 p.m. to 2.45 p.m.	HIT Tennis 9 a.m. to 10 a.m.	Aqua Aerobic* 12.30 p.m. to 1.15 p.m.	Cross Training* 9 a.m. to 9.45 a.m.
Total Body Workout* 4 p.m. to 4.45 p.m.	Boxing Class* 4 p.m. to 4.30 p.m.	Cross Training* 4 p.m. to 4.45 p.m.	Tabata* 4 p.m. to 4.30 p.m.		Core Fit* 4 p.m. to 4.30 p.m.	Basic Pilates Training* 4 p.m. to 4.45 p.m.
	HIT Tennis 5 p.m. to 6 p.m.		Double Tennis Clinic 9 a.m. to 10 a.m.			

*Complimentary. Activities are subject to availability and subject to change. Prices are available upon request.

Boot Camp: All levels. Military exercise training comprised of circuit training with drills that include jumping jacks, push-ups, squats, lunges and complete core training.

Tabata: The intense training is one of the hottest trends to build muscle and scorch body fat.

Boxing: This non-contact, fitness-based class will use boxing fundamentals such as punch combinations, mitt/bag work, and high intensity cardio intervals, as well as partner and technique work for a great, full-body workout.

Aqua Aerobics: Gentle on your joints and great for toning up, Aqua is a cardio and conditioning, pool based workout that gets muscles working against the resistance of the water; elevating the heart rate and burning calories.

Basic Pilates Training: Incorporating elements of yoga, and other forms of exercise, this class will help to improve posture, strength and flexibility with a focus on stretching and strengthening the whole body.

PAMPERING FOR THE BODY AND SOUL AT CHI, THE SPA

Rise and Shine

Start your day with a treatment at CHI and increase your peace of mind and happiness. From 7 a.m. to 12 noon you receive 30% off on all treatments at CHI.

Kandu Boli Ritual

Try this Cowrie Shell Massage of the body and face. During the treatment, warm Maldivian coconut oil will be drizzled on your hair before you undergo a heavenly scalp massage. Only available at Shangri-La's Villingili Resort & Spa, Maldives.

Terms and Conditions apply. For more details and bookings, please call CHI at 6801/6802.



HIGHLIGHTS

World-class facilities and experts to cater to your every desire.

Masters in Residence

Yogasphere - The UK's top yoga teachers on Villingili Island

While staying at Shangri-La's Villingili Resort & Spa, you can benefit from the experiential style of the Yogasphere teachers with group and private yoga classes in the blissful settings of CHI, The Spa. The yoga classes are open to all levels from complete beginners to experienced yogi.

Jim Courier Academy - Play and learn with the finest teaching professionals in the world

We have teamed up with Jim Courier Tennis (JCT) to extend its wide variety of outdoor offerings, promoting an active lifestyle amidst extraordinary natural beauty. As a former number 1 player in the world and multiple Grand Slam title winner, Jim Courier's passion to help tennis players of all levels shapes the philosophy of JCT and the services they provide for tennis enthusiasts worldwide.

Personal Trainer - When your holiday becomes a journey to a healthier life

Taking in the great outdoors and getting active with the fitness trainer in residence at Shangri-La's Villingili Resort & Spa, Maldives. Getting the most of the workout with one-on-one sessions designed to the individual fitness goals, as after a comprehensive fitness assessment, our personal trainer will create a bespoke fitness programme catering to your personal needs.

DAILY EVENTS AND PRIVATE EXCURSIONS

Explore and unwind with a sumptuous immersion into the natural surroundings.

EXCURSION / EVENT	WHEN	PRICE
EXPLORE VILLINGILI ISLAND		
Villingili Marine Life & Safety Talk	9.30 a.m. on Monday, Tuesday, Thursday, Saturday, Sunday	Complimentary
Coral Planting	10.30 a.m. on Monday, Wednesday, Saturday	USD 25
Meet our Coconut Climbers	2 p.m. on Monday, Wednesday, Friday, Sunday	Complimentary
Villingili Eco Tour on Foot	5 p.m. on Monday, Wednesday	Complimentary
Climb Mount Villingili	5 p.m. on Tuesday, Thursday, Friday	Complimentary
Golf Introduction	9 a.m. on Wednesday	Complimentary
Tilapia Feeding	5 p.m. on Sunday	Complimentary
Villingili Eco Tour by Buggy	10.30 a.m. on Tuesday, Thursday, Sunday	Complimentary
Coral Presentation	4 p.m. on Friday	Complimentary
Sea Turtle Presentation	4 p.m. on Sunday	Complimentary
Sharks Presentation	4 p.m. on Saturday	Complimentary
Biology Presentation – Biodiversity of Villingili	4 p.m. on Thursday	Complimentary
AROUND THE ATOLL		
Addu City Tour by Car	3 p.m. on Monday, Thursday	USD 50 per person
Historical Tour	3 p.m. on Tuesday, Saturday	USD 50 per person
Addu City Tour by Bicycle	4 p.m. on Wednesday, Sunday	USD 40 per person
Meedhoo Island Tour	3 p.m. on Friday	USD 80 per person
WELLNESS TREATS		
Open Level Yoga by Yogasphere	11 a.m. Daily	First session complimentary
Spa Cabana by the Pool	Upon request	30 min at USD 70
Indian Head Massage Lesson	2 p.m. on Tuesday	USD 50 per couple
Thai Stretching	2 p.m. on Wednesday	USD 50 per couple
Foot Reflexology Lesson	2 p.m. on Friday	USD 50 per couple
The Secret of Spa Ginger Tea	3 p.m. on Saturday	USD 50 per couple

Some activities are only available upon request and might require a minimum number of participants. Please contact your Island Host or dial 0 for more information or bookings.



For more information on the above activities and daily updates, please scan the QR code or visit www.slmd.info